



## Training Services

### COURSE CONTENTS

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#### What is this course about?

This course will give the candidates a basic understanding of the relevant legislation with a focus on the requirement to have an emergency plan in place to facilitate a rescue of anyone who becomes suspended in fall arrest equipment. Each device used for a given rescue situation is different and has certain advantages and disadvantages which are discussed throughout the training

#### What is this equipment designed for?

The rescue course involves a "MITTELMANN" rescue kit which is a device designed to enable self rescue and or person(s) to be rescued by a third party. This compact rescue kit involves specialist connectors, remote attachment poles and slings and is aimed at providing a simple rescue where the casualty can be raised and or lowered to a safe place. The standard length of rope is 60m.

#### The following issues are covered:

- An outline of relevant legislation and safe working practices.
- Hierarchy of control methods for working at height.
- Post fall suspension issues
- Emergency planning issues
- Reasons for inspecting and checking rescue equipment
- Pre-use Inspection of the equipment by users.
- Personnel involved in the rescue
- Managing the rescue environment
- The selected rescue equipment
- Limitations of the selected rescue equipment
- How the equipment is designed to be used
- The need for suitable and reliable anchorages
- Risk assessment prior to commencing rescue
- Other rescue equipment considerations

#### Requirements for Rescue Equipment Devices:

- Relevant European standards and codes markings, CE, EN, BSEN
- User manuals and Instructions for use, training
- Manufacturers Service intervals
- Compatibility issues with other PPE equipment

#### The practical element of this course involves all candidates completing:

- Inspection of the rescue equipment pre use
- Preparation of the equipment
- Deployment of the equipment and effecting the rescue of a casualty
- Inspection and storage of equipment
  
- NOTE: You are strongly advised to call and discuss your requirements with our administrator to ensure you are booking a course that will meet your requirements. Some courses require an area and or structure to be supplied by the customer to carry out the practical training element.