

**Designers, Manufacturers and Suppliers of
Quality Height Safety & Rescue Equipment, Training & Consultancy**

Users Manual

English Version

P&P Rocker

Thank you for purchasing this **P&P Rocker**. Please take the time to familiarize yourself with the correct use and operation. It is imperative that this **P&P Rocker** is only used for its intended purpose and that it is subject to a periodic recorded detailed inspection by a competent person.

To avoid personal injury, prior to using this **P&P Rocker** or training others to use it, CAREFULLY READ and understand these instructions. If there is anything you do not understand DO NOT use the **P&P Rocker**, contact the supplier or **P&P** for further details. Certain information in this manual is governed by law and is subject to change without prior notice. Great care has been taken to ensure that the information is correct at the time of publication. However, it is the user's sole responsibility to ensure that they fully comply with all legal requirements. **P&P** will not accept liability for any inaccuracy or incorrectly stated legal requirements. **P&P** operate a policy of continual improvement and reserve the right to change specifications without notice. The Manufacturer and / or their recognised agents, directors, employees or insurers will not be held liable for consequential or other damages, losses or expenses in the connection with or by reason of or the inability to use the **P&P Rocker** for any other purpose.

Note; training should only be delivered by a suitably qualified and competent person, i.e. a **P&P** products trainer.

Description

The **P&P Rocker Rope Lock** is designed for:

1. **Technical Rope access personnel** who require a multi use back-up piece of equipment.
2. **Technical Rescue personnel** who require a multi use back-up piece of equipment.
3. **Fixed Rope Sports and Industrial Climbers.**

Function

The **P&P Rocker** is a very adaptable device and can provide several different rope access functions, however in ALL CASES **P&P** recommend that users are trained in its proper use and practical/physical limitations. Equipment specifiers / users must ensure this device is used with compatible ropes and connectors. Failure to ensure compatibility may result in an unsafe condition or even connector/link failure.

- Flexible rope safety brake.
- Fixed rope safety brake.
- Position locked onto rope. (Fig 6)
- Belay brake.
- Tensioned Line brake. (Fig 5)
- Hauling system brake. (Fig 9)
- Work positioning.

Warning

All work at height including the use of Personal Protective Equipment (PPE) as a control measure is subject to a suitable and sufficient risk assessment.

Usage

1. Select a suitable anchorage or structural strong point. The anchorage must be capable of taking a peak force of **12kN**.
2. Connect **Rocker** to karabiner then to harness or belay/anchor attachment point.
3. Position the **Rocker** with swivel cheek (plate) towards you and main karabiner connection hole to your right hand side. (Fig 1)
4. Open plate to allow loading of rope. (Fig 2)
5. Load rope as diagram. (Fig 3)
6. Close plates and connect to karabiner. (Fig 4)
7. Check the **Rocker** is loaded onto the rope in the correct direction for locking (trial lock). (Fig 5)

8. Lock **Rocker** in position onto rope using parking cam. (Fig 6)
9. Recommended attachment strop is 10cm to 20cm. (Figs 7 and 8)
10. In rope access and / or rescue to offload or release: Lock activate cam and place karabiner in single hole. (See Fig 9). Check your working system is locked off and pull in direction of slack rope.

Modifications and Repairs

No repairs, modifications or alterations are to be carried out on this **P&P Rocker**.

Rescue Plan

Rescue Plan

As part of your risk assessment you **MUST** have in place a rescue plan to deal with any emergency, which may occur during use. Access to the user, directly or indirectly and their safe retrieval is of paramount importance, including preparations for dealing with potential Post Fall Suspension Syncope

Inspection

This manual contains a Declaration of Conformity on the back page and a section for recording Detailed Inspections.

The product name, unique serial number and date of manufacture will be found on the product labels shrunk onto the rope or device. Always make sure the product labels are present showing both the serial number and date of manufacture. If the serial number/description is not legible on the Product Label(s) or do not match the User Manual – DO NOT Use the System!

This System along with all your other Fall Protection PPE must be subjected to a pre-use check, each time, before use. Failure to inspect the System correctly could cost you your life. You should be trained to carry out a pre-use check. Detailed recorded inspections at a frequency of 6 months should only be carried out by a trained competent person, appointed by the employer. Additional recorded interim inspections may be required where risks from transient arduous working environments exist. This should be identified through Risk Assessment.

The pre-use check must include (but is not limited to)

- Visually inspect for corrosion, excessive wear, distortion or cracks.

- Check for correct operation ensuring there is no tendency for it to stick or jam.
- If during the pre-use check the device is found to be or believed to be faulty DO NOT use it. Remove from site to ensure it cannot be used by anyone else.

WARNING:

All Friction brake devices create heat, which can damage rope if a fall has taken place. Not only check the Rocker, but also the rope if a fall has taken place.

Cleaning, Maintenance and Storage

Keep the product clean and dry. Remove excess moisture with a clean cloth, then allow to dry naturally in a warm room away from direct heat.

You may clean this device using water. First rinse in clean cold water – if still soiled; wash in clean warm water using detergent if necessary. Thoroughly rinse in clean cold water and dry as described above.

Chemical Attack

Avoid contact with any chemical, which might affect the performance of this product, e.g these include all acids and strong caustic substances (vehicle battery acid, bleach etc)

If subject to chemical attack, you must remove it from service and check with the supplier or **P&P** for advice on the possible consequence of chemical degradation.

Storage

After any necessary cleaning, dry completely then store in a cool dry place, which will protect it from extreme humidity and direct heat.

Transportation

Care should be taken to protect the device against risks such as those detailed under Service Life. A simple effective way is to transport the device in a suitable bag or container, which prevents abrasion.

Service Life

The **P&P Rocker** has a maximum working life of 10 years from date of first use, provided it is correctly stored and maintained. However, if the system fails any inspection it **MUST** be destroyed. See the Statement of Obsolescence within this manual.

About This Manual

This User Manual is for English speaking countries only. If you require this manual in a different language, please Contact **P&P**. When this item is sold on, this manual must accompany it and be supplied in the language of the destination country.

Product Details

The Product Code, Serial number and Date of Manufacture of the **P&P Rocker** should be entered on the back page of this manual for future reference and inspection purposes.

Warning

This **P&P Rocker** must be used by persons who are medically fit to do so. If you have any medical condition, are recovering from any medical condition or suffer from any physical or mental disability you must seek professional medical advice before using this **P&P Rocker**.

Statement of Obsolescence

Due to the ingress of dirt and grit, chemical contamination, edge and surface damage, ultraviolet light degradation, and wear and tear, Fall Protection Equipment manufactured from synthetic fibres (webbing and/or rope) is subject to a manufacturer's statement of obsolescence, which is a requirement of BS EN 365:2004 a European Product Standard. Any item of Fall Protection Equipment manufactured by **P&P** with synthetic fibre components (webbing and/or rope) is subject to maximum life span of 10 years from date of manufacture, provided that the item has been correctly stored, maintained and subjected to regular recorded inspections by a trained and competent person. However, if the item fails any inspection, it **MUST** immediately be withdrawn from service and destroyed.

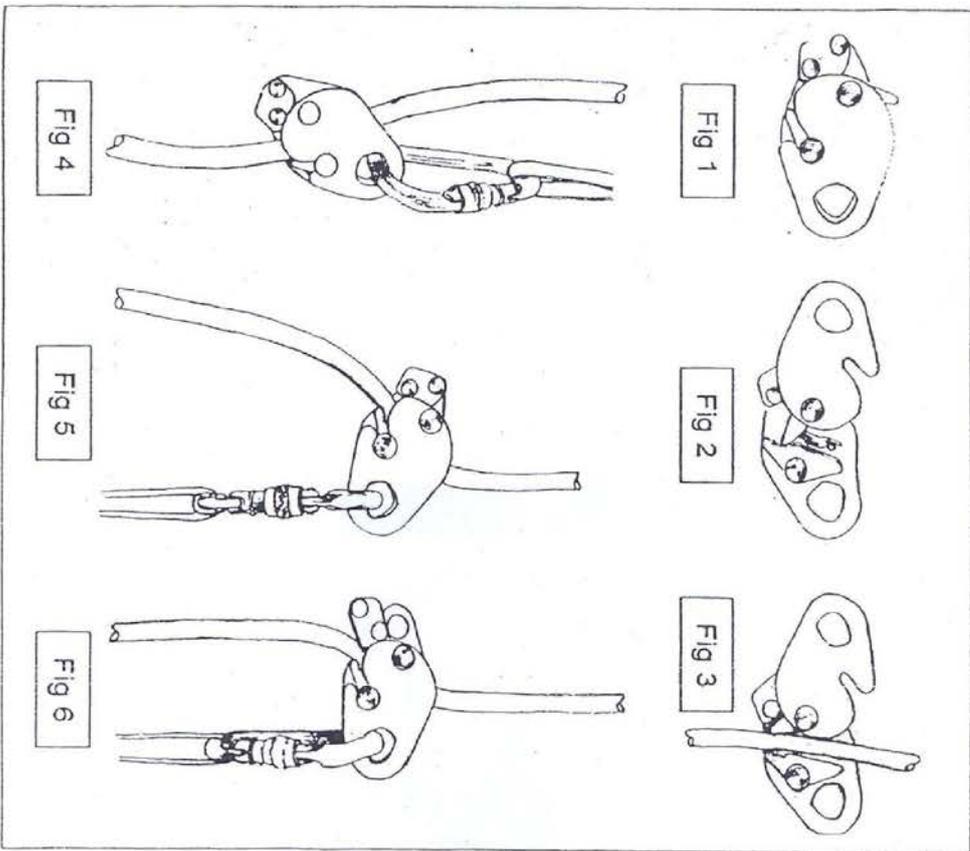
An item of Fall Protection Equipment incorporating synthetic fibre components (webbing and/or rope), manufactured by **P&P** from January 2015, which has been subject to a lifetime recorded inspection plan, may give a maximum life span of 10 years. The lifetime recorded inspection plan must be continuous from date of first use and be undertaken by a competent person appointed by the employer. Competent persons must be trained in the use and inspection of the equipment. The lifetime inspection plan must include as a minimum requirement, a pre use check and 6 monthly recorded inspections. The frequency of inspections should be determined by risk assessment, use and environmental conditions.

Reference should also be made to the British Standard BS 8437:2005 – 'The code of practice selection, use and maintenance of personal fall protection systems and equipment for use in the workplace' - clause 13.2 Lifespan, which states:

'Some equipment is given a life span or obsolescence date by the manufacturer. Equipment that has reached such a limit, which has not already been rejected for other reasons, should be withdrawn from service and not used again, unless or until confirmed by a competent person, in writing, that it is acceptable to do so.'

It should be noted that inspections carried out by a trained and competent person are only visual and tactile observations of the condition of the product; they are not testing the residual strength of the equipment. All synthetic fibres deteriorate slowly with age regardless of use and as a result, **P&P** strongly advises all users of Fall Protection Equipment to follow the manufacturer's statement of obsolescence.

For further advice on this statement, as well as training in the use and inspection of Fall Protection Equipment, please contact **P&P Safety Ltd.**



LADDERS
EN 353-2



POLES
EN 358



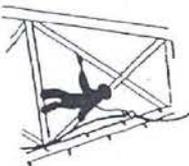
RESCUE
EN 353-2



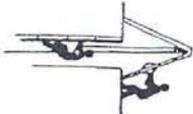
ROOF
EN 358



TOWERS
EN 353-2



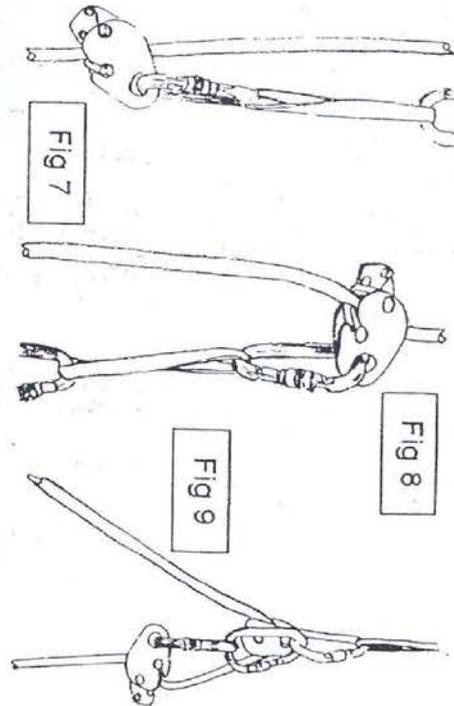
CONFINED SPACE
EN 353-2



BOSUN'S
CHAIR
EN 353-2



ROPE
ACCESS
EN 353-2





Designers, Manufacturers and Suppliers of Quality Height Safety
& Rescue Equipment, Training & Consultancy

EC DECLARATION OF CONFORMITY

Notified Body Issuing EC Certification

SGS (UK) Ltd

Worle Parkway

Weston-Super-Mare

Somerset

BS22 6WA

UK

Identification Number 0120

Explanation of Product Marking

CE Marking: Meets the requirements of European Directive 89/686/EEC.

Conforms to EN353-2; 1992 and EN358; 1999. Meets requirements of EN353-2; 1992

Personal protective equipment for prevention of falls from height, - Guided type fall Arrestors and Work Positioning.
Personal protective equipment for work positioning and prevention of falls from height – belts for work positioning and restraint and work positioning lanyards.

PRODUCT NAME:.....

PRODUCT CODE:.....

SERIAL NUMBER:.....

DATE OF MANUFACTURE:.....

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